



June/July/August/September 2023

Pierce Distribution Services Company

Kevin Hogan Writes...

Well, the summer has come to an end and here in the State of Washington, fall is upon us. As I reflect on the Summer of 2023, it was busy for us personally. Donna had foot and hand surgeries which I was taking care of her, then I had a hip replacement, and she took care of me. This covered the timeframe of May 7th through today.

On a more positive note, our son Bob Hogan (who worked for Jorge Perez at the Belvidere plant) married Katie Ward and they reside in Oceanside, California. Katie teaches kindergarten and Bob is an Engineer. It was a time when our immediate family could get together and celebrate this event. Some of our cousins came down from Portland, Oregon to join in the celebration.

I'd like to wish Happy Birthdays to all celebrating Birthdays in July, August, September, and October.

I must catch up on some Anniversaries starting with July. There were two milestone anniversaries: Misty Kirkpatrick (Ripley) 5 years on 7/9/23 and Eav Tan (ICP) 20 years on 7/30/23. There were some other notable Anniversaries

in July; Mark Tavarez (Vegas) 13 years on 7/12/23, Tabitha Chandler (Ripley) 16 years on 7/2/23, Bertha Gonzalez (RFD) 22 years on 7/19/23 and I celebrated my 44th year with Pierce on 7/9/23. For August, there were two milestone anniversaries: Jessica Valdes Kercado (Rfd) 5 years on 8/27/23 and Israel Galvan (Rfd) 10 years on 8/5/23. There were some other notable Anniversaries; Ken Holze (Rfd) 21 years on 8/5/23, Tracy Schmitt (Ripley) 24 years on 8/11/23 and Donna Hogan (Corporate) 24 years on 8/2/23.

For September, there were 6 milestone anniversaries: Heather Wagner (Ripley) 5 years on 9/17/23, Kimberly Robinson (Ripley) 5 years on 9/24/23, Crystal Ruiz (Rfd) 10 years on 9/9/23, David Miller (Ripley) 10 years on 9/9/23, Dennis Gardner (Ripley) 10 years on 9/9/23 and Jorge Perez (Rfd) 30 years on 9/20/23. There were some other notable Anniversaries in September; Randy Cantonwine (ICP) 13 years on 9/20/23 and Jon Munchus (ICP) 27 years on 9/6/23.

For October, there are 3 milestone anniversaries: Ryan Klutts (Ripley) 5

years on 10/1/23, Calvin Wainwright (Rfd) 10 years on 10/21/23 and Jason Howell (Ripley) 20 years on 10/7/23. There are some other notable Anniversaries in October; Mark Powell (Ripley) 12 years on 10/17/23, Heddie Henderson (Ripley) 12 years on 10/17/23, Janice Rice (Ripley) 17 years on 10/30/23, Larry Hickey (Rfd) 17 years on 10/23/23 and Tracey Strawn (Ripley) 27 years on 10/4/23. On behalf of Pierce Distribution and its affiliates, I would like to thank all for their service and dedication to the companies.



Russell's Words Of Wisdom...

Be a warrior,
Not a worrier.

~ourmindfullife.com

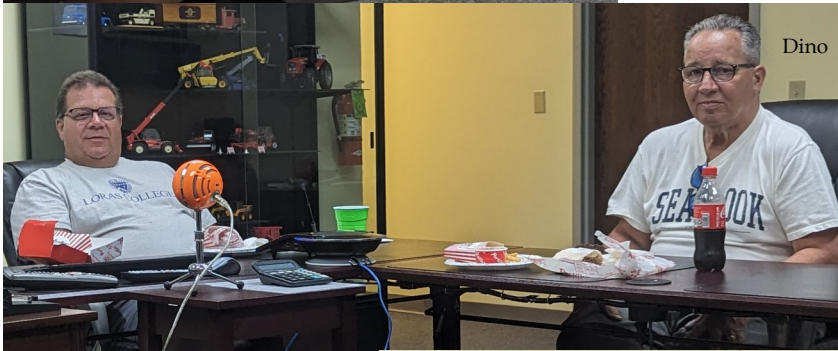


KEVIN HOGAN

Corporate Writes...

CELEBRATING TONY CHIODINI'S 25TH ANNIVERSARY!

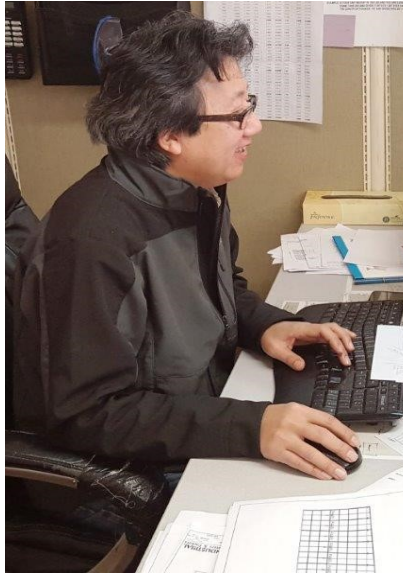
We celebrated the 25th anniversary of Tony Chiodini with Pierce Distribution on 6/2/23. His actual anniversary date is 5/26/98. We enjoyed lunch from Portillo's (his choice) and their famous chocolate cake, as well as some laughs in our conference room. As his gift, Tony selected a Visa gift card. As you can see, we had a nice, relaxed event.



ICP Writes...



Dirk Williams celebrated 2 years with ICP in July



Shiman Yee celebrates 8 years with ICP in July!



Luis Vazquez celebrated 16 years with ICP in May



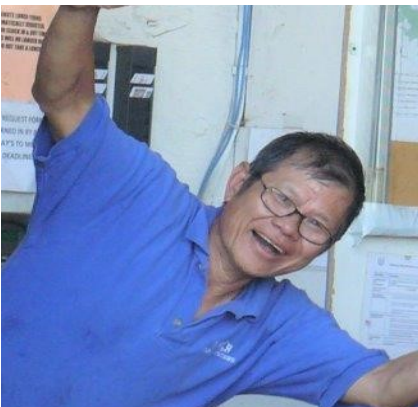
Steve Chipman celebrated 23 years with ICP in July



Tommy Sisco celebrated 9 years with ICP in May



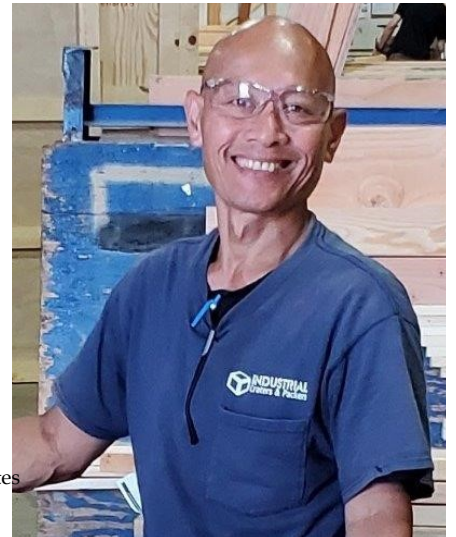
Seung Chheung celebrated 19 years with ICP in June



Eav Tan celebrates 20 years with ICP



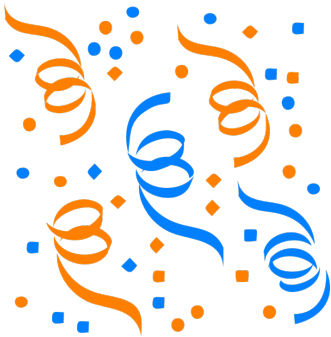
Khun Ngoy celebrates 21 years with ICP!



ICP Writes...



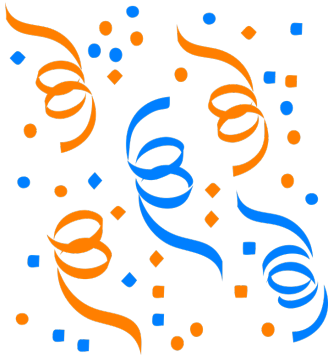
Cody Chheung (with saddles) celebrated 1 year with ICP in August



Jordyn Hamman celebrated 1 year with ICP in August



Lamarr Hardy celebrated 2 years with ICP in August



ICP Cont...



Kim Quartaro celebrates 8 years at ICP!

From time to time, the local law enforcement likes to swing by and check in with Apollo to see what the word is on the street. From what I understand, the word is “ruff”.



Rockford Writes...

This summer I needed some excavating work done in my yard. One of the neighbors has an excavating business, so I had him give me a quote. Steve quoted. I approved and the project moved forward. On the day the project was to begin, I got home from work to find Steve still busy working in my yard. And would you look at that...a Komatsu excavator! What are the odds? And how appropriate is that? I got to see a Komatsu product in action – up close and personal. Loved it. Naturally, I complimented Steve on his good choice of equipment!

LOIS PATMYTHES



Memphis Writes...



Happy birthday!!! Pictured above, from left to right, is Antonia Soriano 6/13, Daniele Melendez 6/07, and Deniss Santos, 6/21. Happy birthday ladies!

Ripley Writes...

CELEBRATING 10 YEARS WITH PIERCE DISTRIBUTION



Left to Right, Dennis Gardner and 2nd Shift Woodshop Lead, Leslie Mayberry

Congratulations to 2nd Shift Woodshop Fork-lift Operator, Dennis Gardner. Dennis came to the Ripley plant on September 9th, 2013. We also say, "Thanks for Your Service" as he is a military veteran. Originally from Halls, TN, Dennis is well-liked and well-respected and has proved himself to be a "team player". Thanks Dennis - we appreciate what you do!

MIKE MOORE



Ripley Cont...

“YES, MY EYES ARE OPEN!”



L-R: Susan Lovett, Supervisor, Kim Robinson & Mark Strawn, Plant Manager



Congratulations to Ripley's Plant 7 associate, Kim Robinson, as she celebrated her 5 Year Work Anniversary on September 24th. The "joke" comes from her Supervisor, Susan Lovett, as she continuously reminds Ms. Kim to "keep her eyes open"! Ms. Kim says Ms. Susan "works her too hard" and she is always tired.

The valued associate works on our 2nd shift in Break-down and keeps the whole department laughing as she entertains - she simply loves working at Pierce!

Thanks for what you do!

MIKE MOORE

CELEBRATING FIVE YEARS!

Congratulations to Ripley's Plant 7 associate, Heather Wagner, as she celebrated 5 Years with Pierce Distribution on September 17th. Ms. Heather began her employment on 2nd shift in Service Parts. She later transferred to 1st shift and continues to be a loyal Service Parts team member. She was very "thankful" for her watch she received as a token of appreciation.

Heather Wagner



Ripley Cont...

PROUD TO CELEBRATE 10 YEAR WORK ANNIVERSARY!



L-R: 2nd Shift Supervisor, Susan Lovett, David Miller & Plant Manager, Mark Strawn



On September 9th, Ripley's 2nd Shift Forklift Driver, David Miller, completed 10 years of employment with Pierce Distribution. David is our "go-to-Guy" when our first shift is in need of additional drivers and comes in early to save the day! We appreciate your work ethics and your caring spirit!

MIKE MOORE

FUN TIMES AT THE FARMS

On September 9th Ripley's Komatsu hosted a Golf Tournament to benefit Relay for Life. The 36 guest teams included suppliers/vendors from our area. Pierce Distribution sponsored a hole and was well-represented at The Farms Golf & Country Club in Dyersburg, TN. Team A included Pierce Plant Manager, Mark Strawn, James Story & Leslie Mayberry. Despite several "admitted" mishaps (shots to the woods & water), the talented & creative group shot 8 under par. (Please note: This was James's first official time to ever play golf and only the 4th time he had ever hit a golf ball – he's a real natural for the game – I think this is what they said!) A great time was had by all & for such a good cause.



L-R: Mark Strawn, Ripley Plant Manager, James Story, 1st Shift Floor Supervisor & Leslie Mayberry, Woodshop Lead

Ripley Writes...

Associate of the Month



Tabitha Chandler, Supervisor, Holly McLemore - Associate of the Month, Mark Strawn, Plant Manager

"Hup, 1, 2, 3, 4!"

Strange title for an article on Ripley's Plant 7's Associate of the Month? Just a way of life for our winner, Holly McLemore, who was raised in the military. Holly's father, an Army Drill Sergeant, was stationed in Germany where he met Holly's mother. To this union, 3 children were born, all in Germany - Holly is the youngest. Although Holly doesn't speak German, both Mom & Dad were fluent in the German language - Dad excelled in German, but Mom struggled with her English. Ms. Holly came to Pierce in October 2022 (through PPL Temp Agency) and was assigned to Dealer Return where she loved and excelled in the department. In fact, she did so well she was recently promoted to Line Lead in the Breakdown department. Holly states she loves the challenges of the job and especially enjoys the people in her department and the other associates as they all work so well together. Before coming to Pierce, Ms. Holly worked in a local Veterinarian's office (Dr. John English) for over 20 years and on the side had her own Pet Grooming business. She keeps busy with her 16 year old daughter, Alexis, a student at Ripley High School, cooking, grilling and working in her flower garden. This was one of my "most interesting" interviews! So proud of Ms. Holly - Congratulations, again!

MIKE MOORE

JULY ANNIVERSARIES

Name	Day	Plant
Kevin Hogan	7/9/79	C
Bertha Gonzalez	7/19/01	2
Eav Tan	7/30/03	ICP
Tabitha Chandler	7/2/07	7
Mark Tavaréz	7/12/10	C
Joella Cook	7/21/14	7
Donnell Mann	7/20/14	7
Shiman Yee	7/20/15	ICP
Misty Kirkpatrick	7/9/18	7
Elvis Pugh	7/29/19	7
Rigoberto Gonzalez	7/31/21	ICP
Joann Land	7/24/21	7
Yvette Reymundi	7/24/21	2
Dirk Williams	7/17/21	ICP
Joseph Boyle	7/27/22	7

JULY BIRTHDAYS

Name	Day	Plant
Eav Tan	7	ICP
Rene Miramontes Luna	8	8
Michael Kirkland	9	ICP
Kleiy Koun	9	7
Ashanti Ward	10	ICP
Jordyn Hamman	12	7
Keith Wright	13	ICP
Judy Spitson	17	8
Jessica V Kercado	21	C
Randy Cantonwine	21	2
David Mayer	24	ICP
		8

Ripley Cont...

Pictures from the 4th in Ripley!

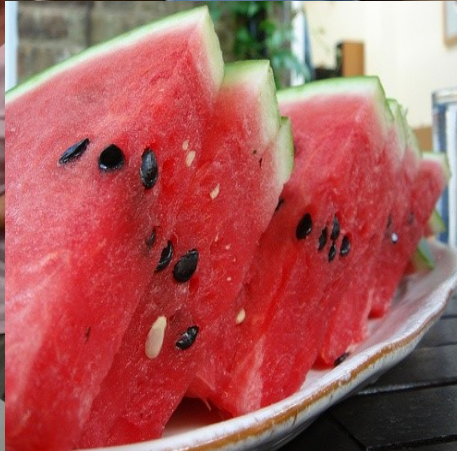
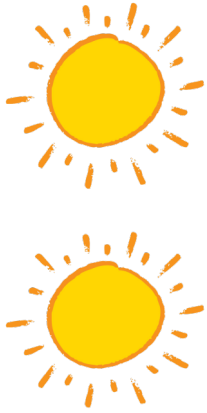


Ripley Cont...

To Celebrate our Annual Tomato Festival beginning July 20th, associates were treated to free home-grown Lauderdale County tomatoes. Due to the special and unique dirt/land in our county, our tomatoes “show out” with some of the best flavored tomatoes in the US. Our local produce farmers raise over 5,000 acres of tomatoes that are shipped all over the United States from right here in Ripley, TN. I have 106 staked tomato plants in my garden and was glad to share with my work family, as well as the wife and I will can 100+ quarts of tomato juice and 50+ quarts of whole tomatoes. Why, you might ask? It is just the way we do it!

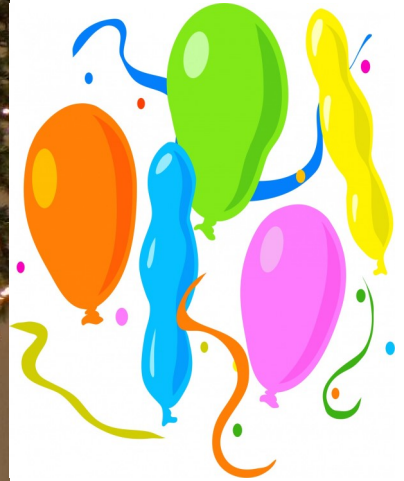


Ripley Cont...



Ripley Cont...

"BE GRATEFUL FOR EVERYTHING YOU HAVE"

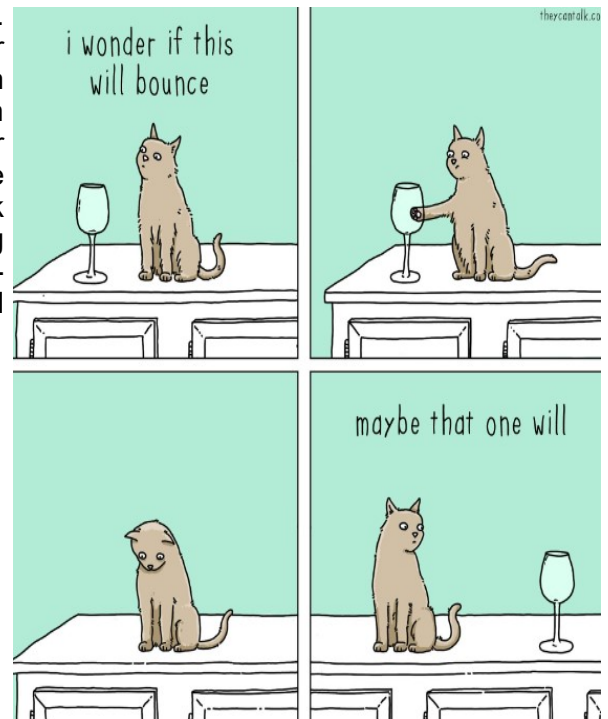


Natalie Henderson

While taking "nothing for granted", Ripley's Plant 7 associate, Ms. Natalie Henderson, has been selected as our August Associate of the Month. Ms. Natalie is a strong and positive member of our Dealer Return Department after becoming a full-time associate January 16, 2023. (Completed 90 days as a temp with PPL). Always with a friendly smile, this "go-getter" enjoys the challenges of the department, but especially appreciates the people she works with every day. Ms. Natalie has started a new project at home (with assistance from her Dad) with a "Tiny Home" (10' x20') located in her parent's yard. Plans are to move into the home as quickly as possible with her crew. She will have the company of her 4 favorite cats: Big Boy, Two Face, Mean Bean & Garfield. She loves living with her parents and older brother, Aus-

ton, but is excited about the opportunity to be on her own. This "cat lover" is a graduate of Millington Christian School (Home School). Her favorite meal is her Mom's spaghetti and green beans, and she hopes Mom will continue to invite her over for this special favorite meal. Yes, I can cook (sorta), but Mom's cooking is the BEST! Congratulations to our positive and hardworking Ms. Natalie!

MIKE MOORE



Ripley Cont...

“LOVE ME SOME CORNBREAD”



Carter Manns

What an outstanding individual! Thank you Carter Manns for being selected as Ripley's Plant 7's "Associate of the Month". Unusual, but very deserving, Carter is a Temporary associate (Express Temporary Services) and has been working at Pierce Distribution since June 14, 2023, in our Break-down department. The other unusual thing about this nominee is the fact that he was nominated by our Komatsu associate, Becky Uselton (Logistics Associate), which is very much appreciated. Ms. Becky explains that she works closely with Carter on the UPS line - he goes above and beyond in keeping everything in a neat and organized manner assisting me in moving boxes and locating freight for tagging. He really takes "pride" in his

work and makes my job easier - he never complains as he lifts and moves the heavier boxes. Carter was raised here in Ripley, graduated from Ripley High School in 2022, where he played football (#66) and first received his nickname, "Cornbread" from his fellow RHS teammates - he loves animals, especially his cats, She-rah, He Man & Midnight. With a background in agriculture, he is continuing his education at the University of TN - Martin, studying Agriculture Business and Agriculture Engineering. This single, 19 year old, enjoys card games, cooking with his family (they have a 600 pound outside grill on wheels) preparing meats, fish plates & burrito tacos -

sounds like a great "catch" for the right person. Thank you, Carter, for being a part of the Pierce team.

MIKE MOORE

Ripley Cont...

HOW TIME FLIES WHEN YOU ARE HAVING FUN!

Congratulations to associate, Misty Kirkpatrick, on completing 5 years of employment at Ripley's Plant 7 on July 9, 2023. Ms. Misty has "done it all"! Starting off in Service Parts, worked as a Label Maker, transferred to Dealer Return department, promoted to Line Lead in Dealer Return and currently works in the front office, schedules truck deliveries and keeps Komatsu "happy" as our liaison - all this with a "smile" on her face as she meets and greets associates and visitors. We're so PROUD and LUCKY to have her as a member of our Pierce team!



L-R: Plant Manager Mark Strawn, Misty Kirkpatrick, Supervisors James Story & Tabitha Chandler

MIKE MOORE



TWO COATS —THE REAL STORY

L-r Plant Manager Mark Strawn, Ripley Plant Manager, Supervisor Janice Rice, Antonio Lewis & Supervisors James Story & Susan Lovett

Completing 5 years of employment with Ripley's Pierce Distribution on May 14, 2023 is 2nd shift's Antonio Lewis. Eager and ready to learn, Mr. Lewis started out in Service Parts department and moved on to the Label Only area. Second shift needed help in the custodial area and Mr. Lewis was the man for the job. Some two years later he was the "chosen one" for the Bailer area and has excelled ever since. If you know anything about the Ripley associates, you know they ALL have nicknames they respond to, especially on the Pierce radio channel. As the story goes, per Supervisor James Story, Mr. Lewis was helping out in painting parts. The directions, per can of paint, insisted on "two coats" of paint, which after applying the first coat (of paint), Mr. Lewis returned to his vehicle in the parking lot to retrieve his coat for the application of the

second coat! Thus, the nickname of "Two Coats" was promptly and permanently assigned to Antonio. Actually, very few associates know his real name and he proudly responds to Two Coats when called upon. We're proud of him and glad he is a part of our second shift team.

MIKE MOORE

Ripley, cont...

A LITTLE FALL, YA'LL!!



SEPTEMBER ANNIVERSARIES

Name	Day	Plant
Jorge Perez Diaz	9/20/93	2
Jon Munchus	9/6/96	ICP
Randy Cantonwine	9/20/10	ICP
Dennis Gardner	9/9/13	7
David Miller	9/9/13	7
Crystal Ruiz	9/9/13	2
Erick Fouts	9/20/14	ICP
Johnny Moore	9/23/14	7
Christine Blazer	9/12/16	2
Kimberly Robinson	9/24/18	7
Heather Wagner	9/17/18	7
Gabe Lefebvre	9/8/20	ICP
Melissa Robinson	9/11/21	7
Kenneth Bradshaw	9/14/22	7
Chad Brewer	9/12/22	7
Deborah Brewer	9/12/22	7
Walter Long	9/14/22	7
Enrique Mendiola	9/14/22	7

OCTOBER ANNIVERSARIES

Name	Day	Plant
Tracey Strawn	10/4/96	7
Jason Howell	10/7/03	7
Larry Hickey	10/23/06	C
Janice Rice	10/30/06	7
Heddie Henderson	10/17/11	7
Mark Powell	10/17/11	7
Calvin Wainwright	10/21/13	2
Lat Long	10/31/16	ICP
Jerome Wilburn Jr	10/30/17	7
Ryan Klutts	10/1/18	7
William Martin	10/21/19	7
Rita Huggins	10/1/21	7
Sophia Dandridge	10/25/21	3
Margarita Pena	10/25/21	3
Kleiy Koun	10/25/21	ICP
Bradley Alley	10/17/22	7
Everett Peat	10/17/22	7
Gennesis Medrano	10/24/22	2

SEPTEMBER BIRTHDAYS

Name	Day	Plant
Heather Wagner	9/3	7
Tammy Carley	9/4	C
Bradley Alley	9/5	7
Sara Stanley	9/5	3
Reth Chey	9/6	ICP
Donna Sangster	9/7	7
Luis Vazquez	9/7	ICP
Donnell Mann	9/9	7
Leticia Medrano	9/10	2
Kim Quartaro	9/10	ICP
Khun Ngoy	9/15	ICP
Jody Steve Edwards	9/16	ICP
Moe Jordan	9/19	3
Tony Strawn	9/21	7
Lisa Knotts	9/24	C
Linda Rhyne	9/25	7
Dirk Williams	9/28	ICP
Victoria Stevenson	9/29	2

OCTOBER BIRTHDAYS

Name	Day	Plant
Willie Hancox	10/2	7
Kimberly Bailey	10/3	7
Horn Choup	10/4	ICP
Johnny Moore	10/4	7
Anthony Turner	10/5	7
Maria Medrano	10/6	2
Daniel Palma Flores	10/9	ICP
Dino McNabb	10/11	C
Sylvia Davis	10/14	C
Gregory Jackson	10/17	7
Jeremiah Kunke	10/18	2
Melissa Robinson	10/18	7
William Peoples	10/21	8
Christine Cacciatore	10/25	C
Jerome Wilburn Jr	10/28	7
April Goforth	10/29	7
Balinda Hairfield	10/29	7
Leslie Mayberry	10/29	7
Abraham Moller-Jacobs	10/29	2
Joella Cook	10/31	7

Dupont Writes...

“GET TO KNOW ME—RENE MIRAMONTES LUNA”

What's a book, movie, or TV show that had a significant impact on you and why?

The original Willy Wonka & the chocolate factory Movie. Although there are many movies and tv shows that impacted me in different ways. This movie just highlights the essence and purity of all the great things that is to be a child. Dreaming big, endless imagination and always having fun.

If you could travel anywhere in the world, where would you go and why?

This one is difficult but as of now I would travel to Egypt to see the pyramids of Giza. While growing up in school I would always see and read about the pyramids. Since then, I've always wanted to see and live that experience of visiting the pyramids of Giza myself.

What's a skill or hobby you've always wanted to learn but haven't had the chance to yet?

I would love to learn how to play the piano.

Tell me about a moment in your life that you'll never forget, whether it's good or bad.

Seeing Mount Fuji in Japan for the first time. I climbed a set of endless stairs that led me to a pagoda at the top of this hill. The hill was filled with cherry blossom trees in full bloom. In the distance you could see Mount Fuji covered in clouds. I waited hours until the clouds finally cleared....And in that moment, I was able to experience such a beautiful and peaceful moment that I will never forget.

What's something that always brings a smile to your face, no matter how bad your day has been?

Nature/outdoors

If you could have dinner with any person, living or dead, who would it be and why?

Anthony Bourdain. I think we share lots of similarities. The passion of travel, food, culture, and life.

What's a goal or dream you're currently working towards or would like to achieve in the future?

Owning my house or property

What's a food or cuisine you could eat every day and never get tired of?

Thai food

What's a small, everyday thing that never fails to make you happy?

Dinnertime

If you had a day entirely to yourself with no responsibilities or commitments, how would you spend it?

I would spend it exploring something new, traveling, eating, and maybe playing some video games.



Rene is our Dupont IT/
Op Support Specialist.

Dupont Writes...

“GET TO KNOW ME—KEITH WRIGHT”

What's a book, movie, or TV show that had a significant impact on you and why?

Of Mice and Men—The first real novel that I finished when I was younger. It showed me that not all classic literature is boring and encouraged me to read more.

If you could travel anywhere in the world, where would you go and why?

Greece. I like history and would love to see the ancient ruins there.

What's a skill or hobby you've always wanted to learn but haven't had the chance to yet?

I would love to learn how piano.

Tell me about a moment in your life that you'll never forget, whether it's good or bad.

I will never forget the moment that I joined the USN.

What's something that always brings a smile to your face, no matter how bad your day has been?

My dogs; no matter what's going on they are always happy and excited to see me!

If you could have dinner with any person, living or dead, who would it be and why?

Elon Musk...I would like to pick his brain on a plethora of topics.

What's a goal or dream you're currently working towards or would like to achieve in the future?

Taking a trip to Greece.

What's a food or cuisine you could eat every day and never get tired of?

Pizza!

What's a small, everyday thing that never fails to make you happy?

Coffee!

If you had a day entirely to yourself with no responsibilities or commitments, how would you spend it?

At this moment in time, play Starfield.

Keith and his wife on their 26th anniversary in August .
Keith is the Dupont Operations Manager.



Our C.F.O. Writes...



Wellness & Prevention Newsletter June/July/August/September 2023

THE VITAL IMPORTANCE OF SLEEP

In today's fast-paced world, where productivity and efficiency are highly valued, sleep often takes a backseat. Many individuals sacrifice precious hours of rest in pursuit of their goals. However, the significance of getting enough sleep cannot be overstated. It is an essential pillar of physical, mental, and emotional well-being. This essay explores the multifaceted importance of sufficient sleep, emphasizing its role in cognitive function, emotional stability, and physical health.

Cognitive Function and Performance Getting enough sleep is crucial for optimal cognitive function and performance. When we sleep, our brains consolidate memories, process information, and facilitate learning. Studies have shown that individuals who consistently get enough rest are more focused, attentive, and have improved problem-solving abilities. In contrast, sleep-deprived individuals are more likely to experience lapses in attention, reduced creativity, and diminished critical thinking skills. Therefore, adequate sleep is imperative for academic, professional, and personal success.

Emotional Stability and Mental Health Sleep plays a pivotal role in regulating our emotions and mental health. Sufficient rest helps maintain emotional equilibrium, allowing individuals to cope with stress, anxiety, and depression more effectively. Conversely, chronic sleep deprivation is associated with an increased risk of mood disorders, including depression and anxiety. It can also exacerbate existing mental health conditions. Prioritizing sleep is thus a fundamental aspect of maintaining emotional well-being.

Physical Health and Immune Function The impact of sleep on physical health cannot be overstated. It is during sleep that our bodies undergo critical processes of repair, regeneration, and immune system strengthening. Adequate rest supports the production of cytokines, essential proteins for immune function, helping the body defend against infections and illnesses. Furthermore, a lack of sleep has been linked to a range of health issues, including cardiovascular problems, obesity, and a weakened immune system.

Weight Management and Metabolism Sufficient sleep is closely tied to healthy metabolism and weight management. Sleep deprivation disrupts the balance of hunger-regulating hormones, leading to increased appetite and a preference for high-calorie, carbohydrate-rich foods. This can contribute to weight gain and obesity. Furthermore, inadequate sleep impairs glucose metabolism, increasing the risk of developing insulin resistance and type 2 diabetes. Therefore, prioritizing sleep is a crucial aspect of maintaining a healthy weight and metabolism.

Enhanced Creativity and Innovation Sleep has a profound impact on creativity and innovation. During the rapid eye movement (REM) stage of sleep, our brains engage in associative thinking, fostering connections between seemingly unrelated ideas. This promotes creativity and the generation of novel solutions to problems. Without sufficient REM sleep, individuals may struggle to think outside the box and find innovative approaches to challenges.

In conclusion, the importance of getting enough sleep cannot be overstated. It is an essential component of overall well-being, impacting cognitive function, emotional stability, and physical health. Prioritizing sleep allows individuals to perform at their best, both intellectually and emotionally. It also contributes to a healthy body and a robust immune system. As we navigate the demands of modern life, let us remember that achieving our goals is best pursued with a well-rested mind and body. By recognizing the vital role of sufficient sleep, we pave the way for a healthier, happier, and more productive future.

Tony Chiodini

AUGUST ANNIVERSARIES

Name	Day	Plant
Donna Hogan	8/2/99	C
Tracy Schmitt	8/11/99	7
Ken Holze III	8/5/02	2
Israel Galvan	8/5/13	2
Jessica Valdes Kercado	8/27/18	2
Elvis Pugh	8/5/19	7
Emily Cunningham	8/10/20	7
Ann Goble	8/17/20	2
April Ward	8/10/20	7
Roger Williams	8/31/20	2
Lamarr Hardy	8/30/21	ICP
Cody Chheung	8/8/22	ICP
Jordyn Hamman	8/22/22	ICP

AUGUST BIRTHDAYS

Name	Day	Plant
Christine Blazer	8/2	2
Rosa Temple	8/2	7
Everett Peat	8/2	7
Caleb Holmquist	8/7	2
Kerry Clevenger	8/8	ICP
Joann Land	8/9	7
Evan Hatchel	8/10	7
Mariangela Lopez	8/13	3
Tabitha Chandler	8/15	7
Margarita Pena	8/19	3
Charles Chaney	8/23	3
Claudia Caterino	8/25	2
Larry Hickey	8/26	C
Jason Howell	8/30	7